

COMMUNION DURING THE PANDEMIC

It is a privilege to come together around the Lord's table to share Holy Communion and never more so than when we have not been able to do so for so long.

This service adheres to all the regulations which are necessary to keep everyone safe and healthy at this time.

The priority of this service is the worship of God, but everyone's safety is paramount at this time. If you have any COVID-19 symptoms, or any other illness, please stay at home to worship. An innocent cough which is normal for you, will be a cause of anxiety for others.

Please do not chat to each other inside the church building and in the churchyard, please keep conversation within a socially distanced group of six people of any age. Please do not share anything: refreshments, service sheets etc.

It is mandatory to wear a mask which covers both mouth and nose inside the church building. If you cannot wear a mask for medical reasons, please refrain from saying the responses out loud: please say them in your heart.

Please keep a 2-metre distance from anyone else unless they are in your household. The only exception is when you receive the consecrated bread.

Please use hand sanitiser as you enter the building or churchyard. You will be asked for your contact details when you arrive. This is for 'track & trace' and the information will be destroyed after 3 weeks.

Sadly, there is no communal singing but we have times during the service when we can listen to the organ and let the Holy Spirit speak to us through the beauty of music.

Usually it is good for the congregation to lift their voices in enthusiasm in their worship of God, but now it is important that during the liturgy, you speak quietly, even when wearing a mask.

Please remain seated throughout the service.

Receiving Holy Communion:

The congregation is currently receiving bread only and all precautions have been taken to ensure the bread has minimal contact with other people. The priest will wear a mask, and perhaps a visor, at the point of distribution.

Please go up to receive in turn. If necessary, wait for the previous person to return before moving from your seat. It is important to avoid queuing. Avoid coming within 2-metres of other members of the congregation.

Remain standing to receive the bread with your hands cupped together and held out in front of you. No words will be said at the distribution.

Please take the bread back to your seat where you may then remove your mask in order to eat the bread.

Please replace your mask as soon as possible.

Ardley with Fewcott
St Mary

Fritwell
St Olave

Heyford Park
The Chapel

Lower Heyford & Caulcott
St Mary

Somerton
St James

Souldern
ABVM

Upper Heyford
St Mary

Cherwell Valley Church

OCTOBER 18

TRINITY 19

This is the first week I've really noticed that the leaves are starting to change. The vibrant green has gone and the glorious autumn colours are in their

place. I love the green of summer, but we all enjoy those autumn hues. The readings for this week, the 19th week of Trinity, assume we are all changed. Paul writes to the believers in Thessalonica about how changed their lives are now because of the power of the Holy Spirit and their belief in the death and resurrection of Jesus Christ. He tells them that they are known in the whole area for their faith, love and hope. Jesus himself inspires this change. In response to those who would trick him into blasphemy he tells them to give to God what is God's and not to worry about earthly, material things. In other words, let the Holy Spirit and your faith change you.

Leaves are great at changing, but we often find change difficult. We are fearful about things which challenge our sense of status quo; our stability. We can be fearful of new things. This pandemic is new, and we are fearful of it. Faith should enable us to be fearful of it whilst not living in fear. We need to be fearful of it if we are to keep everyone safe, but we do not live in fear of our own mortality because we have faith to know that Jesus has us in hand – in the palm of his hand.

Enjoy autumn and stay safe.

Revd Helen

**Cherwell Valley Benefice
Communion Service
18th OCTOBER 2020
19th Sunday after Trinity,**

Organ music

Welcome

The Peace

Blessed are the peacemakers: they shall be called children of God. We meet in the name of Christ and share his peace.

The peace of the Lord be always with you
and also with you.

Let us share Christ's peace amongst us with a nod of the head or a wave.

Prayers of Penitence

God our Father,
we come to you in sorrow for our sins.
For turning away from you,
and ignoring your will for our lives;
Father, forgive us:

All save us and help us.

For behaving just as we wish,
without thinking of you;
Father, forgive us:

All save us and help us.

For failing you by what we do,
and think and say;
Father, forgive us:

All save us and help us.

For letting ourselves be drawn away from you
by temptations in the world about us;
Father, forgive us:

All save us and help us.

For living as if we were ashamed
to belong to your Son;
Father, forgive us:

All save us and help us.

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal: through Jesus Christ our Lord.

Amen.

Collect

First Reading

(After the reading)

This is the word of the Lord.

Thanks be to God.

Gospel Reading

(before the reading)

Hear the Gospel of our Lord Jesus Christ according to N.

Glory to you, O Lord.

(after the reading)

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

The Creed

We believe in one God, the Father, the Almighty,

**All maker of heaven and earth,
of all that is,
seen and unseen.**

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,

**All God from God, Light from Light,
true God from true God,**

begotten, not made,
of one Being with the Father.

All Through him all things were made.

For us and for our salvation he came down from
heaven,

was incarnate from the Holy Spirit and the Virgin
Mary,
and was made man.

**All For our sake he was crucified under Pon-
tius Pilate;
he suffered death and was buried.**

On the third day he rose again
in accordance with the Scriptures;

**All he ascended into heaven
and is seated at the right hand of the Fa-
ther.**

**He will come again in glory to judge the
living and the dead,
and his kingdom will have no end.**

We believe in the Holy Spirit,

**All the Lord, the giver of life,
who proceeds from the Father and the Son.**

All With the Father and the Son he is worshipped and glorified.

He has spoken through the prophets.

All We believe in one holy, catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

All We look for the resurrection of the dead, and the life of the world to come. Amen.

Intercessions

(after the intercessions)

Merciful Father;

Accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

Organ music

Eucharistic Prayer

The Lord be with you.

All And also with you.

Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

It is indeed right,

it is our duty and our joy,

at all times and in all places

to give you thanks and praise,

holy Father, heavenly King,

almighty and eternal God,

through Jesus Christ your Son our Lord.

For he is your living Word;

through him you have created all things from the beginning,

and formed us in your own image.

Through him you have freed us from the slavery of sin, giving him to be born of a woman and to die upon the cross;

you raised him from the dead

and exalted him to your right hand on high.

Through him you have sent upon us

your holy and life-giving Spirit,

and made us a people for your own possession.

Therefore with angels and archangels,

and with all the company of heaven,

we proclaim your great and glorious name,

or ever praising you and saying:

**All Holy, holy, holy Lord,
God of power and might,**

heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Accept our praises, heavenly Father, through your Son our Saviour Jesus Christ, and as we follow his example and obey his command, grant that by the power of your Holy Spirit these gifts of bread and wine may be to us his body and his blood;

who, in the same night that he was betrayed,

took bread and gave you thanks;

he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you;

do this in remembrance of me.

In the same way, after supper

he took the cup and gave you thanks;

he gave it to them, saying:

Drink this, all of you; this is my blood of the new covenant,

which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it,

in remembrance of me.

Therefore, heavenly Father,

we remember his offering of himself

made once for all upon the cross;

we proclaim his mighty resurrection and glorious ascension;

we look for the coming of your kingdom,

and with this bread and this cup

we make the memorial of Christ your Son our Lord.

Let us proclaim the mystery of faith:

All Christ has died:

Christ is risen:

Christ will come again.

Accept through him, our great high priest,

this our sacrifice of thanks and praise,

and as we eat and drink these holy gifts

in the presence of your divine majesty,

renew us by your Spirit,

inspire us with your love

and unite us in the body of your Son,

Jesus Christ our Lord.

Through him, and with him, and in him,

in the unity of the Holy Spirit,

with all who stand before you in earth and heaven,

we worship you, Father almighty,

in songs of everlasting praise:

**All Blessing and honour and glory and power
be yours for ever and ever.
Amen.**

The Lord's Prayer

**Our Father, which art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done, in earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive them that trespass against us.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

We break this bread to share in the body of
Christ.

**All Though we are many, we are one body, be-
cause we all share in one bread.**

Jesus is the Lamb of God who takes away the sin of the
world. Blessed are those who are called to his supper.

**All Lord, I am not worthy to receive you, but only
say the word, and I shall be healed.**

Giving of Communion

The body of our Lord Jesus Christ, which was given for
you, preserve your body and soul unto everlasting life.
Take and eat this in remembrance that Christ died for
you, and feed on him in your heart by faith with thanks-
giving.

The blood of our Lord Jesus Christ, which was shed for
you, preserve your body and soul unto everlasting life.
Drink this in remembrance that Christ's blood was shed
for you, and be thankful.

Distribution of Bread

Post Communion Prayer

Blessing

The God of all grace, who called you to his eternal glory
in Christ Jesus,
establish, strengthen and settle you in the faith;
and the blessing of God almighty, the Father, the Son,
and the Holy Spirit,
be among you and remain with you always. Amen.

Go in peace to love and serve the Lord.

All In the name of Christ. Amen.

Organ music

Collect

Faithful Lord,
whose steadfast love never ceases
and whose mercies never come to an end:
grant us the grace to trust you
and to receive the gifts of your love,
new every morning,
in Jesus Christ our Lord. **Amen.**

Reading I Thessalonians 1.1–10

1 Paul, Silvanus, and Timothy,
To the church of the Thessalonians in God the Father and the Lord Jesus Christ:
Grace to you and peace.

2 We always give thanks to God for all of you and mention you in our prayers, constantly ³remembering before our God and Father your work of faith and labour of love and steadfastness of hope in our Lord Jesus Christ. ⁴For we know, brothers and sisters beloved by God, that he has chosen you, ⁵because our message of the gospel came to you not in word only, but also in power and in the Holy Spirit and with full conviction; just as you know what kind of people we proved to be among you for your sake. ⁶And you became imitators of us and of the Lord, for in spite of persecution you received the word with joy inspired by the Holy Spirit, ⁷so that you became an example to all the believers in Macedonia and in Achaia. ⁸For the word of the Lord has sounded forth from you not only in Macedonia and Achaia, but in every place where your faith in God has become known, so that we have no need to speak about it. ⁹For the people of those regions report about us what kind of welcome we had among you, and how you turned to God from idols, to serve a living and true God, ¹⁰and to wait for his Son from heaven, whom he raised from the dead—Jesus, who rescues us from the wrath that is coming.

This is the word of the Lord

Thanks be to God

Gospel Matthew 22.15–22

15 Then the Pharisees went and plotted to entrap him in what he said. ¹⁶So they sent their disciples to him, along with the Herodians, saying, 'Teacher, we know that you are sincere, and teach the way of God in accordance with truth, and show deference to no one; for you do not regard people with partiality. ¹⁷Tell us, then, what you think. Is it lawful to pay taxes to the emperor, or not?' ¹⁸But Jesus, aware of their malice, said, 'Why are you putting me to the test, you hypocrites? ¹⁹Show me the coin used for the tax.' And they brought him a denarius. ²⁰Then he said to them, 'Whose head is this, and whose title?' ²¹They answered, 'The emperor's.' Then he said to them, 'Give therefore to the emperor the things that are the emperor's, and to God the things that are God's.' ²²When they heard this, they were amazed; and they left him and went away.

This is the Gospel of the Lord

Praise to you, O Christ

Post Communion Prayer

Holy and blessed God,
you have fed us with the body and blood of your Son
and filled us with your Holy Spirit:
may we honour you,
not only with our lips
but in lives dedicated to the service
of Jesus Christ our Lord.

NOTICES

RECORDED SERVICES

No Internet?

Don't Miss Out!

You can access the recorded services via YouTube on your television.

Search for Cherwell Valley Benefice

PRIVATE PRAYER & QUIET TIME

Fritwell—Mon 11am-12am; Fri 5-6pm

Somerton—Tues Thurs & Sun 10am-5pm

Souldern—Sun & Wed 10am-4pm

Upper Heyford—by appointment

Ardley—By appointment (07979 641 605)

Lower Heyford & Heyford Park Chapel—will remain closed for the time being

For any updates and/or enquiries please contact the Benefice Office
Tel: 01869 233687

Em: barbara.mcgarra@cherwellvalleychurch.org.uk

The readings are those for Morning Prayer from the lectionary.

READINGS FOR EVERY DAY

In the morning please pray for the day and its tasks; the world and its needs; the Church and her life

In the evening please pray for peace; individuals and their needs

MONDAY: Ps: 145, Isa 55, Luke 1:1-4

TUESDAY: Ps: 106, 2 Kings 18:1-12, Phil 1:12-end

WEDNESDAY: Ps: 111, 2 Kings 18:13-end, Phil 2:1-13

THURSDAY: Ps: 115, 2 Kings 19:1-19, Phil 2:14-end

FRIDAY: Ps: 139, 2 Kings 20, Phil 4:2-end

SATURDAY: Ps: 121, 2 Kings 20, Phil 4:2-end

OTHER SERVICES

11am Live Sunday Service

Via Zoom

Recorded Spiritual Communion

sent via email

Recorded Morning Prayer

Tues & Fri—sent via email

You can access the recorded services via YouTube on your television. Search for Cherwell Valley Benefice

Or to receive notifications email

barbara.mcgarra@cherwellvalleychurch.org.uk

SERVICES IN OCTOBER & NOVEMBER

All services will be at 9:30 for the time being to allow time for the existing Live Zoom Service at 11am for those who prefer to continue worshipping at home

	Ardley St Mary	Fritwell St Olave	Lower Heyford & Caulcott St Mary	Somerton St James	Souldern The Annunciation	Heyford Park The Chapel	Upper Heyford St Mary
18 Oct		9:30am Communion	9:30am Communion				
25 Oct				9:30am Communion		9:30am Communion	
1 Nov		4.30pm All Souls	3:00pm All Souls	9:30am Communion/ All Souls	9:30am Communion		
8 Nov	9:30 am Remembrance						9:30am Remembrance
15 Nov						9:30am Communion	

All Souls Sunday 1st November

St Mary's Lower Heyford will be open for an hour from 3pm for informal meditation and private prayer to remember loved ones and St Olave's Fritwell will also be open for an hour from 4:30pm